

# SMALL GROUP DISCUSSION GUIDE

Are We There Yet - Week 3



## CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

## GROW

- In what ways do you see people chasing approval? When have you been the one chasing it? Has the chase changed throughout your life at all, and if so, why?
- Have you experienced times when you've been obsessed with what others think, been overly sensitive to criticism, or had a hard time saying "no" as you've struggled with *people pleasing*? Talk about times when you've successfully moved beyond that.
- Read 1 Thessalonians 2:1-8. And Proverbs 29:25. What sticks out to you?
- What would it look like for you to embrace God's approval instead of someone else's approval? How could that influence your attitude toward yourself and others?

## PRAY

Loving God, remind us that when we search for approval from other people or other things, we end up hurt and lost. Your unending grace and love sustains us and approves of us without qualification or justification, and for that we give thanks. Amen.

