



Connect Group Guide

March 29, 2020

God is beside us, even in the darkest of darks.

CONNECT

Look back on your week and reflect with your group. Were you figuring out how best to work from home? Did you create some interesting meals for yourself or your family from what's in the back corner of your fridge? Did you call family and friends to check in on them or did they call you?

GROW

- Are you typically a **glass half full** or **glass half empty** person? Does that differ from others in your family or friend group? Has that changed throughout your life?
- Read this chapter from the Bible together: **Psalm 23**
- Does it require a shift in mindset for you to see **God's blessings** during the darkest of dark times? How could you encourage and support one another when you are overcome by fear? Be specific!
- What "ordinary" things are you seeing differently in your life right now? How is **God's love** not just following you, but **pursuing you**? Rather than seeing all the things that are closed, what is open and overflowing for you?

PRAY

God, it feels like we are walking through the darkest of darks right now. Fear enters our minds and souls so easily. But God, you are close to us and your love pursues us. Help us to share your love daily and to embrace the overflowing peace that comes from you. Amen.