

VIRTUAL CONNECT GROUP GUIDE

June 28, 2020



CONNECT

What is one thing that the people in your group would be interested or surprised to know about you? If you're with your family, dig deep and have fun discovering something you don't know about each other!

GROW

- Angie told her "I want a boat" story as she described the common experience of hoping *something new* will bring us contentment. What similar story can you think of from your life? If you are on the other side of that "wanting," how did you work through it? If you're in the midst of it, process those emotions of moving from contentment through discontentment.
- When you hear the statistic that in our digital world we are exposed to 4,000 to 10,000 advertising messages per day, how does that make you feel? Reflect on *where* you hear those messages. Do you agree that we are *sold* expectations that infringe on our happiness? How do these messages differ among generations - yourself, your children, your parents?
- Read the parable from Luke, and the portion of Paul's letter to the Philippians: Links: [Luke 12:13-21](#) [Philippians 4:10-13](#)
- As Angie said, "No amount of wealth or good deeds or awesomeness will secure your place with God in the end." How can you swap out unrealistic expectations for contentment? Where will you look to find lasting joy - even just as you look to this coming week? What does it look like for you to "relax, eat, drink, and be happy"?

PRAY

Loving God, we are surrounded by messages telling us we aren't good enough, or that we need something *more* to be truly content and happy. Remind us that through your son, Jesus, we are enough. We are worthy. And we are loved - right now. Amen.