

# CALVARY WEEKLY DISCUSSION GUIDE

November 15, 2020



## CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

## GROW

- What has you **burned out** at the moment? What situations before this year have you encountered where you have nothing left to give and couldn't muster energy to deal with other people?
- Are you carrying extra **burdens** right now? How does that influence the way you interact with others?
- Read **John 4:1-30**. Why was it an act of **bravery** for the woman to leave her pot as she ran to tell others about Jesus? Why is bravery easier said than done for us?
- How is God moving you to bravely interact with **people you've disagreed with**? What burdens could you let go of? How can this group help refill one another so you don't fall off the edge of burnout?

## PRAY

God we come to you burned out and burdened. You know how much is going on in our lives and in our world and we bring to you our weary souls. Refresh us in your promises, quench our thirst in your grace, take the burdens off our backs and hearts. Help us to walk bravely in the world so that we can lead all people to a lifelong faith in you. Amen.