

SMALL GROUP DISCUSSION GUIDE

Summer Baggae - Week 1



CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

GROW

- When you go on a trip, do you travel light or pack in many bags?
- What "baggage" has a stronghold on you or is weighing you down in life? How does it feel to name or identify the baggage? Where do you think the baggage came from?
- What does it mean that God can and does free you from the burden of your baggage?
- What would restoration look like for you?

BIBLE

Read 2 Corinthians 10:3-5, Romans 12:2, Ephesians 4:22-23, and John 8:31-32. What speaks to you, and why?

PRAY

Gracious God, we come to you today with our baggage. With the places where we are burdened and burned out. Today we release those burdens into your care. In your son's name, Amen

