

SMALL GROUP DISCUSSION GUIDE

Summer Baggage - Week 3



CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

GROW

- What is something from your past that you keep holding onto?
- Why do you think it's hard to let go?
- How can knowing God creates you into a new person help you to let go?
- Which is the hardest for you to deal with? Stuff you do to yourself, stuff you do to others, or stuff others do to you? Why is that one hard?

BIBLE

Read 2 Corinthians 5:13, John 10:10, Matthew 5:44 and Luke 23:43. What speaks to you, and why?

PRAY

Gracious God, we come to you today with our baggage. With the places where we are burdened and burned out. Today we release those burdens into your care. In your son's name, Amen

