

SMALL GROUP DISCUSSION GUIDE

Summer Baggage - Week 4



CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

GROW

- Is there anything from your past that contributes to any unhealthy views of yourself?
- When have you compared yourself to others and allowed it to influence who you think you are or should be?
- If the only voice that matters is the voice of God who created you, how does that free you from any unhealthy views of yourself?

BIBLE

Read Romans 12:1-3 (Message translation) and Ecclesiastes 4:4-6. What speaks to you, and why?

PRAY

Gracious God, we come to you today with our baggage. With the places where we are burdened and burned out. Today we release those burdens into your care. In your son's name, Amen

