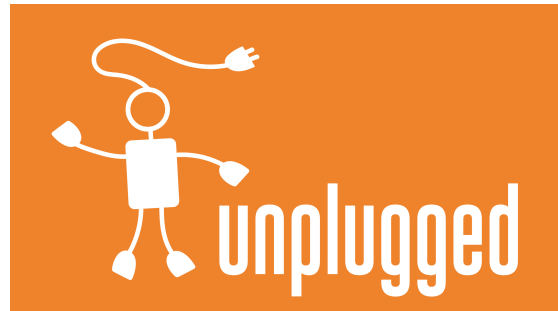


SMALL GROUP DISCUSSION GUIDE

Unplugged - Week 1



CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

GROW

- How does having unlimited choices in today's age allow us more freedom, yet encroach heavily on our time?
- In what parts of your life do you feel like you are over-connected or too busy? Why?
- What does it mean that God wants you to reach your potential, but God didn't design us to go beyond that?
- What would it look like for you to say no to something in order to say yes to better things? How would that affect you?
- This week, what could you "unplug" in your life?

BIBLE

Use the Bible App or Google search to read Genesis 33:12-16 and Psalm 139:1-12. What do you notice?

PRAY

God of grace, you've created us with compassion and grace, with the ability to work and the need to rest. Yet we know too well that life is full of busyness and distractions. Help us to unplug and place our focus on you. In your son's name, Amen.

