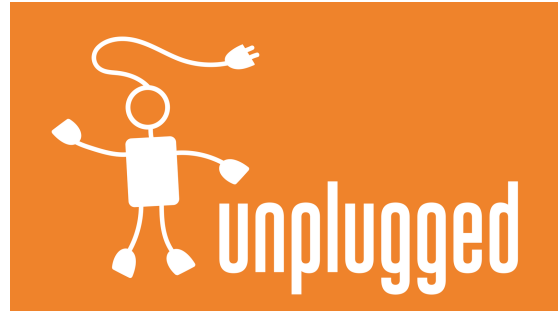


SMALL GROUP DISCUSSION GUIDE

Unplugged - Week 2



CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

GROW

- When have you felt like your busyness was at the expense of others? When have you been busy and it's been at your own expense?
- Do you more often find yourself running from something or running toward something?
- If we all *have time for what we choose to have time for*, what could you choose this week?
- What would it mean to pray: *God help me walk slowly enough to experience Jesus fully and love people deeply.*

BIBLE

Read Matthew 11:28-30 and 1 Corinthians 13:4-5. What did you notice?

PRAY

God of grace, you've created us with compassion and grace, with the ability to work and the need to rest. Yet we know too well that life is full of busyness and distractions. Help us to unplug and place our focus on you. In your son's name, Amen.

