

CALVARY WEEKLY DISCUSSION GUIDE

August 9, 2020



CONNECT

What daily or regular disciplines have you established in your life to keep you grounded? If you don't have any, why not? If you do, why is it important to you to keep that routine?

GROW

- What makes you **disgusted**? How has your idea of disgust changed from when you were a child to when you were older?
- Read the Parable of the Good Samaritan: **Luke 10:25-37**.
- What modern day examples can you think of where **disgust has moved to contempt**? How does contempt play out in your relationships with others?
- When have you experienced **disgust leading to motivation**? Why is this so challenging?
- How is **God leading you to act with empathy or understanding** in your relationships with others right now?

PRAY

God, the emotion of disgust could easily lead us to feel contempt or indifference toward others in our lives. Remind us instead to be led down a path of motivation and to respond in love, empathy and compassion, just as you showed that love to us through your son, Jesus. Amen.