

CALVARY WEEKLY DISCUSSION GUIDE

January 24, 2021



CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

GROW

- When you think about "freedom" what initially comes to mind? How has modern society defined it?
- Think about the permission slips you've given to your children OR that you brought home as a student. Do you equate permission with freedom? Why or why not?
- Read the story of Thomas: John 20:19-31. When you think of Jesus saying, *Here's your permission slip, Thomas - believe*, how does that change the way you think of "doubting" Thomas?
- How could you think about freedom from a perspective of vulnerability? Use the permission slip at the bottom of this paper to actually write something down for yourself. Put it in your pocket or tape it to your mirror as a reminder this week.

PRAY

Lord God, you sent your son so that we may have life. Help us to take back our lives this year in brave, vulnerable ways so we can be who you created us to be. In the midst of our doubts and insecurities, remind us that you are with us through it all. Amen.



Because Jesus has given me abundant life and freedom, and in order to be brave with others and true to myself, this week I GIVE MYSELF PERMISSION: