

SMALL GROUP DISCUSSION GUIDE

What's Next? Week 2 - *Find Freedom*



CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

GROW

- There are many words to describe feeling *trapped*: stuck, captive, detained, imprisoned, enslaved, confined. What emotions do those words bring up for you? What situations in your life do they make you think about?
- When you think of *freedom*, what comes to mind? Does your definition of freedom vary now from the way you would have defined it earlier in your life?
- Do you typically think of freedom as something that should be achieved and earned by us as individuals? Why or why not?
- How does it feel to know that you are set free through Jesus? You are: *Free to fail. Free to be silly. Free to laugh. Free from stress. Free to be yourself. Free to rest. Free to be wrong. Free to let go of other people's judgment and expectations. Free to let go of your own judgment and expectations of yourself.* What resonates with you this week?

PRAY

God of grace, we know you guide us and lead us in all that we do. Help us to discover what's next in our faith journey; to lead us closer to you. In your son's name, Amen.



BIBLE READINGS

Luke 4:16-21

16 He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. He stood up to read, **17** and the scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written:

18 “The Spirit of the Lord is on me,
because he has anointed me
to proclaim good news to the poor.
He has sent me to proclaim freedom for the prisoners
and recovery of sight for the blind,
to set the oppressed free,

19 to proclaim the year of the Lord’s favor.”

20 Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him. **21** He began by saying to them, “Today this scripture is fulfilled in your hearing.”

John 8:36

36 So if the Son sets you free, you will be free indeed.

Galatians 5:1,13

1 It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

13 You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.

